UPUB III.030

2000 CROSS COUNTRY

Maryland

The 2000 Women's Cross Country Team

The 2000 Men's Cross Country Team

www.umterps.com

2000 Maryland Terrapins Cross Country

Quick Facts

Location: College Park, Md.
Founded: 1807
Enrollment: 33,006
President: Dr. C.D. Mote, Jr. (California '59)
Athletic Director: Deborah A. Yow (Elon '74)
Nickname: Terrapins, Terps
Colors: Red, White, Black and Gold
Affiliation: NCAA Division I
Conference: Atlantic Coast Conference
Home Course: University of Maryland Golf Course

Cross Country Information

Home Course: University of Maryland Golf Course
Cross Country Coach: Dan Rincon (Maryland '75)
Track and Field Coach: Bill Goodman (Maryland '75)
Cross Country Office: 301-314-7457
1999 ACC Men's Finish: Ninth
1999 ACC Women's Finish: Ninth

Media Relations Information

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Terps Web Site: www.umterps.com
Terps Fan Phone: 301-314-TERP

University Mission Statement

The University of Maryland is the flagship of the state's higher education system and a prestigious public research university, known for academic excellence in undergraduate and graduate education. The faculty is at the leading edge of scientific, technological, intellectual, and artistic discovery, while remaining focused on teaching. Providing the broadest range of highly challenging programs for the most talented students, the University of Maryland's state-of-the-art facilities and diverse campus community offer an ideal educational atmosphere and a location connecting faculty and students to unlimited resources for scholarly exploration and practical experience. The university also serves the state and region through application of research and expertise to address societal issues and promote economic growth.

UNIVERSITY OF MARYLAND

2000 Cross Country Schedule

Day	Date	Event	Location	Time
Sat.	Sept. 9	Towson Invitational	Towson, Md.	10:00 a.m.
Sat.	Sept. 16	ACC Preview	Raleigh, N.C.	10:00 a.m.
Sat.	Sept. 23	Maryland Invitational	College Park, Md.	9:00 a.m.
Sat.	Oct. 7	Paul Short Invitational	Bethlehem, Pa.	9:30 a.m.
Sat.	Oct. 14	Virginia Tech Invitational	Blacksburg, Va.	10:00 a.m.
Sat.	Oct. 28	ACC Championships	Raleigh, N.C.	TBA
Sat.	Oct. 11	NCAA Regionals	Easton, Pa.	TBA
Sat.	Nov. 18	IC4A/ECAC Championships	New York, N.Y.	TBA
Mon.	Nov. 20	NCAA Championships	Ames, Iowa	TBA

2000 Men's Roster

Name	Year	Hometown/High School
Chris Ade	So.	Wexford, Pa./Pine Richland
Thomas Anderson	Fr.	Gaithersburg, Md./Gaithersburg
Francis Ciganek	Fr.	Chestertown, Md./Kent County
Andrew Gell	So.	Lutherville, Md./Dulaney
Andrew Langan	So.	Elkton, Md./Elkton
Jason Lufkin	Fr.	West Hartford, Conn./Hall
Michael Prada	So.	Fulton, Md./River Hill
Jeremy Ruff	Fr.	Bay Shore, N.Y./Bay Shore
Zack Webb	So.	Lansdale, Pa./North Penn

Cross Country Coach: Dan Rincon (Maryland '75)
Track and Field Coach: Bill Goodman (Maryland '75)

Terps By Class

Freshmen: (4)Anderson, Ciganek, Lufkin, Ruff
Sophomores: (5) Ade, Gell, Langan, Prada, Webb

Terps By State

Connecticut: (1) Lufkin
Maryland: (5) Anderson, Ciganek, Gell, Prada, Langan
New York: (1) Ruff,
Pennsylvania: (2) Ade, Webb

2000 Women's Roster

Name	Year	Hometown/High School
Rekha Ayalur	Jr.	Alexandria, Va./Thomas A. Edison
Monique Berry	Jr.	Andover, Conn./RHAM
Marjorie Bollinger	Jr.	Timonium, Md./Dulaney
Meghan Burke	So.	Parkton, Md./Parkville
Kelly Crowley	Sr.	Levittown, Pa./Pennsbury
Jessica Dahlquist	Jr.	Holland, Pa./Council Rock
Lisa DeGrechie	Sr.	Saratoga Springs, N.Y./Saratoga
Tami DeGrechie	Sr.	Saratoga Springs, N.Y./Saratoga
Rachel Hayes	So.	Baltimore, Md./Catonsville
Molly Imming	So.	Middletown, Md./Middletown
Eve Lerner	Sr.	Rosewell, Ga./Chattahooche
Kristin Lubas	So.	York, Pa./Central York
Rebecca Mack	Sr.	Wilkes-Barre, Pa./GAR Memorial
Keri Seher	Sr.	Farmingville, N.Y./Sachem
Kim Smith	So.	Glastonbury, Conn./Glastonbury
Meghan White	Sr.	Cockeysville, Md./Dulaney

Cross Country Coach: Dan Rincon (Maryland '75)
Track and Field Coach: Bill Goodman (Maryland '75)

Terps By Class

Sophomores: (5) Burke, Hayes, Imming, Lubas, Smith
Juniors: (4) Ayalur, Berry, Bollinger, Dahlquist
Seniors: (7) Crowley, L. DeGrechie, T. Degrechie, Lerner, Mack, Seher, White

Terps By State

Connecticut: (2) Berry, Smith
Georgia: (1) Lerner
Maryland: (5) Bollinger, Burke, Hayes, Imming, White
New York: (3) L. DeGrechie, T. DeGrechie, Seher,
Pennsylvania: (4) Crowley, Dahlquist, Lubas, Mack
Virginia: (1) Ayalur

Media Guide Credits

The 2000 Maryland cross country media guide was written and edited by Cherise Rhyns and Chuck Walsh. Design and layout by Jason Yellin, Publications Coordinator/Assistant Director of Athletic Media Relations. Cover design by Suttichi Saprasook. Photos by Jason Yellin and Devin Shieh. Printing by Ambrose Printing.

Additional copies of this media guide can be purchased for $5, plus $1.50 for shipping and handling, by writing the Athletic Media Relations Office, University of Maryland, 1112 Cole Field House, College Park, Maryland, 20742, or by calling (301) 314-7064.

UNIVERSITY OF MARYLAND

Cross Country Coach Dan Rincon

13th season
Maryland '75

Dan Rincon, who has coached seven All-Atlantic Coast Conference selections and one All-American performer, is in his 13th season as the head cross country coach at the University of Maryland. He is also an assistant coach with the Terps' track and field teams where he handles the distance runners.

Rincon was a highly-decorated runner for the Terps as an undergraduate (1972-75). He earned four varsity letters in cross country and three in track and field. As a senior in 1975, Rincon was an All-American in cross country and the ACC champion in the six-mile run. He held the school record in the two-mile run with a time of 8:49.60 as well as the school record in the 10,000 meter run in a time of 30:04.10. The Maryland graduate led the Terps to a third-place finish at the ACC cross country championship in 1988.

Rincon earned the Jim Kehoe Award in 1975. The Kehoe Award is presented to the most valuable track athlete in terms of performance, dedication and spirit. He was also a three-time recipient of the Tom Fields Award that is annually presented to the top cross country runner.

Following his graduation from Maryland in 1975, Rincon competed for the USA Adidas National Road Racing team. He qualified for the 1976 Olympic Trials in the marathon event. He won the prestigious D.C. Cherry Blossom 10-mile race in 1977. In 1978, Rincon won the 20,000 meter national championship sponsored by the Road Runner Club of America. Upon his retirement from competition in 1981, he became the coach and manager of the Adidas Mid-Atlantic Road Racing Team, helping four individuals earn berths in the Olympic Trials.

Rincon became the head cross country coach at Eleanor Roosevelt High School in Greenbelt, Md., in 1983. While at Roosevelt, he led the boy's team to five consecutive county championships and the girl's team to three county championships and one state championship. His boy's teams finished as the state championship runner-up twice and his girl's team as the state runner-up once during his tenure.

Track and Field Coach Bill Goodman

13th season
Maryland '75

Bill Goodman, the 2000 ACC indoor track and field coach of the year, is in his 13th season as the head track coach at the University of Maryland. One of the most successful athletes in Maryland track history, Goodman has spent the better part of the last 25 years as a part of the Terp program.

Goodman led the Terps' women's indoor track and field team to a third-place finish at the 2000 ACC Championships. It marked the team's highest indoor finish since 1988.

Goodman was a four-year letterwinner in track and field while a student at Maryland. In 1975 he was the Intercollegiate Association of Amateur Athletes of America (IC4A) triple jump champion. He competed in the NCAA Championships in 1973, '74 and '75.

Goodman also enjoyed academic and social prominence during his career at Maryland. He was the vice president of Omicron Delta Kappa, an honorary fraternity representing outstanding academic leadership, from 1973-75. In 1975, he received the ACC award for excellence in scholarship and athletics. Goodman was also honored with induction into the Golden Key National Honor Society.

Goodman served as an assistant coach at Maryland under Frank Costello from 1976-83. During that time he coached numerous All-Americans including Bob Calhoun (long jump) and Dennis Ivory (triple jump). In addition, he coached USA Track and Field championships qualifier and school long jump record-holder Tamela Penny.

Under Goodman's tutelage, indoor triple jumper Marchelle Payne was a four-time All-American and is considered to be one of the nation's all-time best at her event. In 1999, Goodman coached sprinter Candyce DeLoatch to All-America status in the 400 meter run.

Goodman was the head coach at Eleanor Roosevelt High School in Greenbelt, Md., from 1983-88. He led the men's indoor team to a state championship in 1984 and the women's cross country team to a state championship in 1986.

Goodman and his wife, Helen, reside in Frederick, Md., with their two daughters, Shanie and Natalie, and their dog, Hershey, and cat, Angel. Natalie's godfather is Maryland cross country coach Dan Rincon.

Men's Preview

Head coach **Dan Rincon** begins the 2000 cross country season with a youthful line-up which should prove refreshing to the Terrapin program. Despite the fact that the roster includes only freshmen and sophomores, the Terps will look to make an improvement in their ACC standing and earn qualifying times for the NCAA District III and NCAA championship meets.

Sophomores **Christopher Ade** and **Zack Webb** are the only returning Terps who competed in all seven events during the 1999 season. Other returnees include **Andrew Gell** and **Michael Prada**. **Andrew Langan** is also a new member of the sophomore class who joins the team after running track for Maryland last year. The team has also added depth with several exciting freshmen who have the ability to compete and score points immediately.

Ade and Webb gained a great deal of conference and regional experience during their first year at Maryland. Ade turned in his top time of 27:43.34 in the Lehigh University-Paul Short Invitational and earned an 11th-place finish in the Maryland Invitational. Webb enjoyed more top-10 finishes (five) than any other Terp in 1999 and ran a career-best 26:41.08 at the Paul Short Invitational.

Rincon bolstered the Terps' roster with a recruiting season that will see four talented newcomers join the team. **Thomas Anderson**, **Francis Ciganek**, **Jason Lufkin** and **Jeremy Ruff** will add to the already strong foundation of the men's cross country team.

"We will be young, but with that youth we will also have experience," said Rincon. "There will be more competition for the positions at the front end of our lineup than ever before. That competition will make a big difference in how we improve throughout the season. We are looking forward to a fast and successful season which we hope will culminate in a better finish at the ACC meet."

Women's Preview

With six seniors and 10 upperclassmen on its roster, the Maryland women's cross country team will field one of the most experienced teams in school history. **Kelly Crowley** tops the list of seniors who will form the nucleus of the team for the second consecutive season. In addition to Crowley, Maryland's talented senior class includes twins **Lisa** and **Tami DeGrechie**, **Eve Lerner**, **Rebecca Mack**, **Keri Seher** and **Megan White**.

Crowley was Maryland's top runner last season and is in her fourth season as a member of the Terps' starting lineup. She has competed in 14 career events and has four top-five finishes to her credit. Crowley earned her first career individual victory in the Mt. St. Mary's Invitational during the 1999 season.

Mack and Seher have also been fixtures in the Terps' starting lineup in each of the last three years. Mack earned three top-10 finishes last year while Seher earned a career-best third place finish at the George Mason Invitational in 1999. Both runners will need to excel on this season for the Terps to be successful.

Lerner and the DeGrechie sisters have been standouts in College Park for the last three seasons. Lerner, who has run in 13 career meets, posted a career-best fifth place finish at the Maryland Invitational last season. Lerner's key this season will be to exhibit the same improvement she showed throughout the 1999 season. The DeGrechies figure to be important members of the team as they have throughout their careers at Maryland.

White, a transfer from North Carolina, is entering her second year as a member of the Terps' program. She immediately became part of the Terps' lineup last season and enjoyed an outstanding season. Her top finish (second) came in Mt. St. Mary's Invitational and she posted her top time (18:43.64) in the George Washington Invitational.

The team will also feature a strong junior class that includes standouts **Monique Berry**, **Marjorie Bollinger** and **Jessica Dahlquist**. The Terps' sophomore class, with leaders **Meghan Burke**, **Rachel Hayes** and **Kristin Lubas**, must also perform to their capabilities for Maryland to be successful.

"We are very excited about the potential of our women's team," said head coach **Dan Rincon**. "Our experienced group of returning veterans have worked hard and competed on a number of different courses throughout their careers. We hope their experiences as upperclassmen will translate into faster times and an improved finish in the ACC Championship meet."

Men's Cross Country Profiles

Chris Ade

Sophomore
Wexford, Pa.
Pine Richland

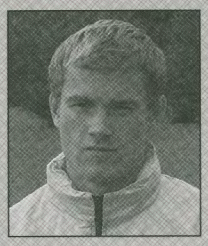
On Ade: Among the Terps' top runners ... one of three returning letterwinners who ran in all seven meets during the 1999 season.

As a Freshman: Ran in all seven meets during the 1999 season and posted a top time of 27:34.43 in Lehigh University-Paul Short Invitational ... top individual finishes (11th) came in the Mt. St. Mary's Invitational in a time of 29:14.60 and the Maryland Invitational in a time of 28:41.14 ... helped Maryland gain the team victory over Coppin State in the dual meet on the Maryland Golf Course ... earned three top-15 finishes during his first season ... also a distance runner for the Terps' indoor and outdoor track teams ... earned a third-place finish in the 3,000 meter steeplechase at the VCU Ram Invitational during the 2000 outdoor season ... placed seventh in his heat of the 800 meter run at the 2000 ACC outdoor championships in a time of 1:58.19.

Before Maryland: Graduated from Pine Richland High School in 1999.

Personal: Born Nov. 11, 1980 ... Chris is the son of Diane and Greg Ade ... has one brother, Greg, Jr., (17) and a sister, Jackie, (20) ... enjoys playing raquetball.

Francis Ciganek



Freshman
Chestertown, Md.
Kent County

On Ciganek: A newcomer who looks to make an immediate impact ... will compete for running time in the starting lineup ... a strong runner who was one of the top high school distance runners in the state of Maryland as a senior.

Before Maryland: Graduated from Kent County High School in 2000 ... named as the Kent County High School Male Athlete of the Year following his senior season ... a member of the cross country team as a senior ... also a member of the indoor and outdoor track teams during all four of his prep years ... a seven-time Maryland state champion ... earned state championships in the 1,600 meter indoor run (1999 and 2000), the 1,600 meter outdoor run (1999 and 2000) the 3,200 meter outdoor run (1999), the 800 meter indoor run (2000) and the 800 meter outdoor run (2000) ... established 1A state records in the 1,600 indoor (4:33.00), the 1,600 outdoor (4:24.00) and the 800 outdoor (1:56.60).

Personal: Born Feb. 15, 1982 ... Francis is the son of Marie Ciganek-Knollova and Eric Ciganek ... was born in Czechoslovakia ... has two brothers, Joseph (6) and James (2) ... a member of the National Honor Society and the It's Academic team.

Thomas Anderson

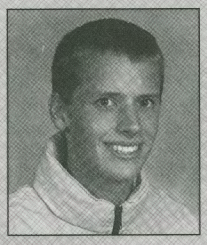
Freshman
Gaithersburg, Md.
Gaithersburg

On Anderson: One of several promising new freshmen who will be looked upon to add depth to the team ... will contend for a spot in Maryland's starting lineup this fall.

Before Maryland: Graduated from Gaithersburg High School in 2000 ... earned four varsity letters in cross country, four in track and field and three in swimming ... an all-county first team choice in cross country as a senior ... All-Met honorable mention by the Washington Post in 2000 ... named the Gaithersburg High School distance runner MVP as a senior ... led track team to undefeated seasons and state championships in 1998 and 2000 ... led the cross country team to a third-place finish at the state championship meet in 2000 ... finished in fourth place at the 2000 state championship meet in the 800 meter run.

Personal: Born July 14, 1981 ... Tom is the son of Margaret and Allan Anderson ... has two sisters, Mary (17) and Ellen (6) ... a member of the National Honor Society.

Andrew Gell



Sophomore
Lutherville, Md.
Dulaney

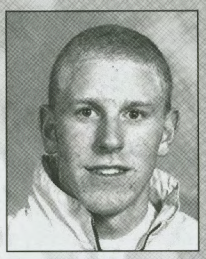
On Gell: Another of Maryland's talented, young runners who will help the Terps during the 2000 season ... ran in the ACC championship meet as a freshman.

As a Freshman: One of Maryland's top scorers who competed in all seven of the Terps' events during the 1999 cross country season ... best time of 27:48.10 helped Maryland finish fifth at the George Washington Invitational ... broke the 28-minute barrier twice as a freshman – in the George Washington Invitational and the Lehigh University-Paul Short Invitational (27:50.59) ... top finish earned him ninth place in the George Mason Invitational in a time of 2:55.50 ... earned four top 15 finishes including a pair of 12th-place finishes at the Mt. St. Mary's Invitational (29:24.50) and the Maryland Invitational (28:46.77) ... earned points for the Terps in the ACC Championship.

Before Maryland: Graduated from Dulaney High School in 1999 ... served as team captain and was named all-county in cross country by the Baltimore Sun ... earned three varsity letters in cross country and track and field.

Personal: Born Sept. 2, 1981 ... Andrew is the son of Lynda McClary and Stephen Gell ... has one sister, Emily (13) ... a cousin, Clary Creighton, plays men's lacrosse at Ohio State ... majoring in engineering.

Andrew Langan



Sophomore
Elkton, Md.
Elkton

On Langan: First year as a member of the Maryland cross country team ... ran track for Maryland in the 1999-2000 season.

Before Maryland: Lettered in soccer, basketball and track ... two-time county track champion ... track team MVP as a senior ... all-county in soccer.

Personal: Andrew Ryan Langan ... graduated in top five percent of high school class ... born October 4, 1980 ... son of Agatha and Edward Langan

Jason Lufkin

Freshman
W. Hartford, Conn.
Hall

On Lufkin: Another of Maryland's promising freshman who should add depth to the team.

Before Maryland: All-Conference honors as a sophomore and junior ... All-State as a senior.

Personal: Born March 18, 1982 ... Jason is the son of Robert and Naomi Lufkin ... interested in investment banking.

Michael Prada

Sophomore
Fulton, Md.
River Hill

On Prada: Will add depth to Maryland's lineup after redshirting in 1999 ... a durable runner with excellent credentials.

As a Freshman: A redshirt season.

Before Maryland: Graduated from River Hill High School in 1999 ... earned four varsity letters in cross country ... helped lead the team to the county, regional and state championships as a senior in 1998 ... served the team as its captain as a junior and senior ... voted the team's MVP three times during his career ... named All-Met first-team as a senior and All-Met second-team as a

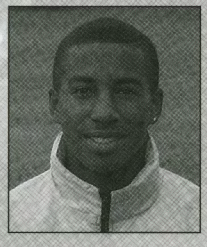
Men's Cross Country Profiles

sophomore and junior by the Baltimore Sun ... a three-time all-county selection ... finished fourth in the state championship cross country meet as a junior and senior ... also earned four varsity letters in outdoor track and field and one varsity letter in indoor track and field ... the county and regional mile and two-mile champion during his career ... named the River Hill Most Outstanding Athlete following his senior season.

Personal: Born Jan. 7, 1981 ... Michael is the son of Sharon and Gary Prada ... has one sister, Michelle (15) ... a member of the National Honor Society.

Jeremy Ruff

Freshman
Bay Shore, N.Y.
Bay Shore



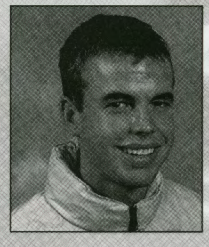
On Ruff: Will add depth to the Terps' starting lineup ... has the ability to score points both in conference and national meets early in his career.

Before Maryland: Graduated from Bay Shore High School in 2000 ... earned four varsity letters and led the team to a league championship in 1998 ... earned all-league, all-division and all-county honors during his senior season ... served as team captain and earned team MVP honors during his senior season ... earned four varsity letters in outdoor track and two in indoor track during his prep career ... helped lead the indoor track team to a league championship as a junior ... earned all-state, all-county and all-league honors in indoor and outdoor track as a senior ... the school record holder in the outdoor 3000 meter steeplechase in a time of 10:09.20 ... participated in Junior Olympics and the Empire State games during his prep career

Personal: Born Jan. 17, 1982 ... Jeremy is the son of Yvonne Ruff-Williams and Clifford Ruff ... has one brother, Desmond (21).

Zack Webb

Sophomore
Lansdale, Pa.
North Penn



On Webb: A talented runner who displayed enormous potential as a freshman during the 1999 season ... earned two top-five and five top-eight finishes in cross country as a freshman ... will be counted on to provide leadership as a sophomore.

As a Freshman: Earned five top-eight finishes in cross country in his first season ... earned more top 10 finishes during the 1999 season than any other runner on the team ... top placement was fourth in the Navy Invitational in a time of 26:52.10 ... top time was a 26:41.08 in the Lehigh University-Paul Short Invitational ... finished under 28 minutes in all seven races during the 1999 season and is the only returning runner for the 2000 team to have done so ... finished in sixth place at the Mt. St. Mary's Invitational (27:29.70) and the Maryland Invitational (27:58.30) ... distance runner for the Terps during the 2000 outdoor season ... top finish in the spring of 2000 was seventh in the 1,500 meter run in a time of 4;13.97 at the VCU Ram Invitational ... three top 10 finishes during the spring season — two in the 1,500 meter event and one in the 800 meter run.

Before Maryland: Graduated from North Penn High School in 1999 ... earned a seventh-place finish in the Pennsylvania state cross country championships his senior season ... member of the 4x800 relay team that won the state outdoor championship during his junior and senior seasons ... top time in the one mile event was 4:17 ... earned four letters in cross country and four in outdoor track and field.

Personal: Born March 16, 1981 ... Zack is the son of Deborah and Richard Webb ... majoring in computer science ... has two brothers, Nathan (17) and Samuel (10).

Women's Cross Country Profiles

Rekha Ayalur

Junior
Alexandria, Va.
Thomas A. Edison

On Ayalur: Gained experience as a sophomore and will add depth to the Terps' lineup this season.

As a Sophomore: Ran in three meets as she earned her first collegiate competition experience ... top finish (25) and best time (21:01.04) came at the George Mason Invitational ... also ran in the Navy and George Washington Invitationals.

As a Freshman: Attended Virginia Tech but did not compete as a member of the cross country team.

Before Maryland: Graduated from Thomas A. Edison High School in 1998 ... earned two varsity letters in cross country, three in indoor track and three in outdoor track ... team captain of all three teams as a junior and senior ... all-district first team as a member of the outdoor 4x800 relay team ... all-county honorable mention selection in the 1,000 and 1,600 meter run during her senior year in outdoor track ... participated in the Junior Olympics in the 1,500 meter run in 1997.

Personal: Born April 8, 1980 ... Rekha is the daughter of Bhagyam and Aghoram Ayalur ... has one sister, Roopa (23) ... majoring in biology/pre-med.

Monique Berry

Junior
Andover, Conn.
RHAM

On Berry: Has two years of varsity experience which encompasses eight races during her career ... is one of the most experienced Terps entering the 2000 season ... will add depth and leadership.

As a Sophomore: Participated in five meets ... earned her career-best ninth place finish at the Mt. St. Mary's Invitational ... top two times of the season came at the George Washington Invitational (20:22.27) and the Navy Invitational (20:46.02) ... finished 15th in the Maryland Invitational for her fourth top 15 finish if her career.

As a Freshman: Ran in three meets and earned two top-10 finishes ...placed 10th at the Maryland and Mt. St. Mary's Invitationals ... posted her best career time if 20:17.50 in the George Mason Invitational.

Before Maryland: Graduated from RHAM High School in 1998 ... earned three varsity letters in cross country and indoor and outdoor track and field ... team captain and MVP of all three teams during her senior season ... earned all-conference, all-state, and All-New England honors during her career.

Personal: Born Oct. 3, 1980 ... Monique is the daughter of Marita and Kevin Berry ... has one brother, Eric (13) ... was treasurer of the National Honor Society ... a member of Delta Gamma sorority at Maryland.

Marjorie Bollinger

Junior
Timonium, Md.
Dulaney

On Bollinger: Among Maryland's top runners who has competed in nine events during her career ... has earned a pair of top 10 finishes in earning two varsity letters.

As a Sophomore: Competed in four events and placed as one of the top Terps in all four outings ... top finishes came against Mt. St. Mary's (14th place, 21:24.30) and in the Maryland Invitational (11th place, 21:56.94) ... turned in her top time of the season at the George Washington Invitational (62nd place, 20:49.32).

Women's Cross Country Profiles

As a Freshman: Enjoyed her finest season with a pair of top 10 finishes and a pair of sub-20 minute times … gained the top finish of her career against Mt. St. Mary's as she placed sixth in a dual meet … finished in eighth place at the Maryland invitational … recorded her best career time of 19:43.40 in the ACC Championship meet … another top time of 19:51.90 came in the ECAC Championships.

Before Maryland: Graduated from Dulaney High School in 1998 … earned four varsity letters in cross country and track and field … senior co-captain of all four teams … helped lead the cross country team to four consecutive state championships … earned All-Met cross country honors from the Baltimore Sun as a senior … finished second at the state championship outdoor track meet in the 3,200 meter run and second in the 1,600 meter run.

Personal: Born April 14, 1980 … Marjorie is the daughter of Christine and J. Edward Bollinger, Jr. … has one brother, Patrick (30) and two sisters, Sandra (32) and Natalie (22) … Natalie was a member of the track and field team at Salisbury State University … earned Dean's List honors and was a member of the National Honor Society.

Meghan Burke

Sophomore
Parkton, Md.
Parkville

On Burke: Will add depth to the Terps' lineup as she enjoyed a fine freshman season … participated in one meet during her inaugural collegiate season.

As a Freshman: Ran a 23:19.08 at the George Washington Invitational in her first collegiate meet.

Before Maryland: Graduated from Parkville High School in 1999 … earned four varsity letters in cross country, indoor and outdoor track … team captain for the cross country team as a junior and senior … team captain for the indoor and outdoor track teams as a sophomore, junior and senior.

Personal: Born Jan. 3, 1981 … Meghan is the daughter of Phyllis Burke D'Amato and David Burke … a member of the National Honor Society … is enrolled in the honors program at Maryland.

Kelly Crowley

Senior
Levittown, Pa.
Pennsbury

On Crowley: Maryland's top returning runner who is among the most experienced runners on the team … is in her fourth season in the Terps' starting lineup … has run in 14 career events including two ACC Championship meets … has four top-five and five top-10 finishes during her career … has run below 20-minute times in 13 of her 14 career starts … three varsity letters.

As a Junior: Earned her first career first-place finish against Mt. St. Mary's in the first meet of the season … ran the top race of the season with a time of 18:44.63 at the George Washington Invitational … the only Terps' runner to run four sub-20 minute races during the 1999 season … paced Maryland at the George Mason Invitational with a fourth place finish in a time of 19:21.00.

As a Sophomore: Among the Terps' top runners who participated in five meets … earned second place finishes at the Maryland and Mt. St. Mary's Invitationals … turned in her top time of the season with a 19:02.60 at the ACC Championship meet … a 10th-place finish at the ECAC championships in a time of 19:06.30.

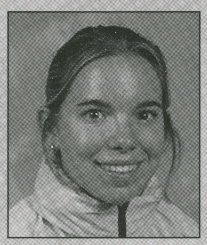
As a Freshman: A top runner in her first season as a collegian who ran in five events for the Terps … posted her top career time of 18:39:20 in her first ACC Championship appearance … earned her top finish of 13th in her first career meet at the Morven Park Invitational … helped Maryland's distance medley relay team finish third at the ACC Indoor Championships … ran a personal best of 4:35.00 in the 1,500 meters during the indoor season.

Before Maryland: Graduated from Pennsbury High School in 1997 … earned four varsity letter in cross country and track and field … competed in the state championship meets in cross country, winter and spring track during each of her four years … team captain of the cross country and track teams as a junior and senior.

Personal: Born Oct. 29, 1979 … Kelly is the daughter of Karen and Bill Crowley … has one brother, Billy (22) … majoring in kinesiology.

Jessica Dahlquist

Junior
Holland, Pa.
Council Rock



On Dahlquist: Among Maryland's top runners who is in her third season as a member of the Terps' lineup.

As a Sophomore: Earned her second varsity letter as she participated in five meets … earned her top finish of the season as she crossed the finish line eighth at the Maryland Invitational in a time of 21:18.65 … her top time of the season (19:55.26) came in the George Washington Invitational … her time in the GW Invitational marked the third time during her career that she had run a sub-20 minute race … finished in 12th place in the Mt. St. Mary's Invitational in a time of 21:28.00.

As a Freshman: Participated in five meets, including the ACC Championships, during her first season … ran her career-best time of 19:37.50 in the ACC Championships … earned a pair of top 10 finishes as she finished sixth in the Maryland Invitational (20:44.90) and seventh in the Mt. St. Mary's Invitational (20:34.10).

Before Maryland: Graduated from Council Rock High School in 1998 … earned two varsity letters in cross country, two in swimming and four each in indoor and outdoor track … team captain during her career in all four sports … all-league honorable mention cross country selection in 1996 and 1997 … ran in the Meet of Champions during the 1998 indoor track season.

Personal: Born Sept. 5, 1980 … Jessica is the daughter of Jan and John Dahlquist … has one sister, Jenna (17) … a member of the National Honor Society and the student council.

Lisa DeGrechie

Senior
Saratoga Springs, N.Y.
Saratoga

On DeGrichie: The Terps' most experienced runner who has competed in 16 meets during her three-year varsity career … will be one of the Terps' runners who could compete for conference honors … has competed in three ACC Championship meets and has three top five finishes during her career.

As a Junior: One of the most consistent runners on the team … season-best seventh place finish in the Maryland Invitational (21:10.53) … a 10th place individual finish (21:21.00) led the Terps to the team championship at the Mt. St. Mary's Invitational … fastest time of the season (20:05.44) came in the George Washington Invitational.

As a Sophomore: Ran in six meets and earned two top-five finishes … ran consistently throughout the year with five of her six finishes under 21 minutes … her fourth place finish in the Maryland Invitational counts as the top individual finish of her career … a fifth-place individual finish helped lead the Terps to the team title at the Mt. St. Mary's Invitational.

As a Freshman: Enjoyed her best season with five sub-20 minute efforts in five meets … ran her career-best time of 18:46.40 at the ACC Championships … earned her first career top-10 finish as she crossed the line in seventh place at the ECAC championships.

Before Maryland: Graduated from Saratoga High School in 1997 … earned five varsity letters each in cross country, indoor and outdoor track … honorable mention All-Section 2 and a Suburban Council All-Star … Saratoga won the cross country national championship in 1996.

Personal: Born Nov. 9, 1979 … Lisa is the daughter of Kathy and Keith DeGrechie … has a brother, Eric (24) and a twin sister, Tami (20), who is a member of the Maryland track and field team … a member of the National Honor Society in high school … a Presidential Scholar at the University of Maryland.

Women's Cross Country Profiles

Tami DeGrechie

Senior
Saratoga Springs, N.Y.
Saratoga

On DeGrichie: A fourth-year member of the team who will add depth to the lineup … has earned one varsity letter.

As a Junior: Participated in four meets and earned a top finish of 14th at the George Mason Invitational … ran her career-best time of 19:33.46 in the George Washington Invitational.

As a Sophomore: Ran in two meets and posted her top career finish of 12th in the Mt. St. Mary's Invitational … best time of the season was 22:13.20 in the Maryland Invitational.

As a Freshman: A redshirt season.

Before Maryland: Graduated from Saratoga High School in 1997 … earned five varsity letters in cross country and indoor and outdoor track and field … team captain as a senior … leader on the Saratoga team which was rated as the No. 1 team in the nation … all-state first team in cross country in 1996.

Personal: Born Nov. 9, 1979 … Tami is the daughter of Kathy and Keith DeGrechie … has a brother, Eric (24) and a twin sister, Lisa (20), who is a member of the track and field team … earned scholar athlete honors at Maryland.

Rachel Hayes

Sophomore
Baltimore, Md.
Catonsville

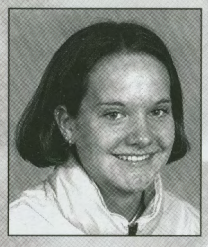
On Hayes: With continued improvement she will become a valuable member of the Terps' lineup during her career … improved her times with each race and was running at her best at the end of her freshman season.

As a Freshman: Participated in three events and ran her season-best time of 20:32.20 at the George Mason Invitational … also earned the top finish of her first collegiate year at the Mason Invitational (18th).

Before Maryland: Graduated from Catonsville High School in 1999 … four-year varsity letterwinner and team captain during her senior season in cross country … all-county and all-county/city selection by the Baltimore Sun as a senior … named the team MVP her senior season.

Personal: Born March 7, 1981 … Rachel is the daughter of Mindy and David Hayes … a member of the National Honor Society, the Spanish Honor Society and the Art Honor Society.

Molly Imming



Sophomore
Middletown, Md.
Middletown

On Imming: Will add depth to the Terps' roster during her second year of collegiate competition.

As a Freshman: A redshirt season.

Before Maryland: Graduated from Middletown High School in 1999 … earned 12 varsity letters in cross country, indoor and outdoor track during her four-year high school career … led Middletown to the state championships in cross country in 1997 and 1998 … a three-time all-league selection in cross country (1996, 1997 and 1998) … all-county selection in 1997 and an all-area all-star in 1998.

Personal: Born March 10, 1981 … Molly is the daughter of Amy and Bob Imming … has three sisters: Alissa (29), Chelsea (27) and Kaitlin (16) … a member of the National Honor Society and the treasurer of the organization during her senior season … senior class vice-president.

Eve Lerner

Senior
Rosewell, Ga.
Chattahooche

On Lerner: Enters her senior season as one of Maryland's top runners … ranks fourth on the team in terms of collegiate experience as she has participated in 13 career meets … has run in two ACC Championship meets during her career … has earned three varsity letters.

As a Junior: A regular in the Terps' lineup who performed well throughout the season … fifth-place finish at the Maryland Invitational ranks as her top career finish … her best time of the season (20:20.50) came at the George Mason Invitational in her final meet of the season … improvement continued throughout the season as her times continued to come down with each meet.

As a Sophomore: A pair of top-10 finishes highlighted a strong season … finished eighth at the Mt. St. Mary's Invitational (20:39.80) and ninth at the Maryland Invitational (20:54.80) … her top time of the season came in the ACC Championships as she was clocked at 20:16.70.

As a Freshman: Participated in a career-high five meets including the ECAC and ACC Championships … turned in her career-best time of 19:48.20 in her first career ACC championship … ran well and earned her top finish of the season at the Maryland Invitational.

Before Maryland: Graduated from Chattahoochee High School in 1997 … a four-year member and team captain of the cross country and track and field teams … the country runner-up in the 800 meter outdoor in 1996 … holds the school record in the 400 meter run and as a member of the 4x400 relay team.

Personal: Born March 8, 1979 … Eve is the daughter of Linda and Steven Lerner … has one brother, Derek (17) … a member of the National Honor Society and the Spanish National Honor Society.

Kristin Lubas

Sophomore
York, Pa.
York Central

On Lubas: Enters her sophomore season with high hopes after a sensational freshman season … the only member of the team to participate in all seven meets during the season.

As a Freshman: Ran in seven meets during the season and posted three top-10 finishes … her best time of 19:16.46 at the Lehigh University-Paul Short Invitational was the top time among all freshmen and the sixth-fastest time among all team members during the 1999 season … top individual finish (fourth place) helped the Terps take the team title at the Maryland Invitational … finished in seventh place to help Maryland win the Mt. St. Mary's Invitational …broke the 20-minute barrier at the George Mason Invitational (19:59.50) to gain an eighth-place finish … finished in under 20 minutes three times … a varsity letter winner.

Before Maryland: Graduated from Central York High School in 1999 … earned four varsity letters in cross country and four varsity letters in track and field … name the York Area Interscholastic Athletic Association cross country runner of the year in 1997 … finished third in the District III meet in 1998 … a YAIAA cross country all-star all four years in high school … the country champion in the 1,600 meter run in outdoor state championship meet in 1999 … a medalist as she finished in seventh place in the 1,600 meter run at the outdoor state championship meet in 1998 … cross country team captain in 1997 and 1998 … outdoor track team captain in 1999.

Personal: Born Jan. 2, 1981 … Kristin is the daughter of Mary and James Lubas … has one brother, James (21) and a sister, Meg (15) … senior class president … member of the National Honor Society.

Rebecca Mack

Senior
Wilkes-Barre, Pa.
GAR Memorial

On Mack: A senior leader who has earned three varsity letters in cross country during her Maryland athletic career … has run in 16

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events and has four top-10 finishes during her career … will be one of the Terps' most durable runners as a senior … one varsity letter.

As a Junior: Earned three top-10 finishes in the six meets in which she participated during the 1999 season … top finish of sixth and season-best time of 19:38.10 came at the George Mason Invitational … finished ninth individually at the Mt. St. Mary's and Maryland Invitationals in helping the Terps to the team titles in both events … ran well in posting a 19:39.01 time at the George Washington Invitational.

As a Sophomore: Posted a career-best finish of third in a time of 20:12.90 in the Maryland Invitational … season-best time of 20:01.70 in the ACC Championships … placed 11th at the Mt. St. Mary's Invitational.

As a Freshman: Participated in five events and ran three sub-20 minute races during her first collegiate season … posted her career-best time of 18:58.70 in the Lehigh University-Paul Short Invitational … ran her best ACC Championships time of 19:00.90 and clocked in 19:10.58 in the Maryland Invitational.

Before Maryland: Graduated GAR Memorial High School in 1997 … Pennsylvania state cross country champion during her sophomore season … earned state championship titles in the 800 and 1600 meters runs in outdoor track during her junior year … earned four varsity letters in track and field and cross country … team captain of the cross country and track and field teams during each of her four years … a member of the honor roll and Students Against Drunk Driving.

Personal: Born Sept. 24, 1979 … Becky is the daughter of Marie and Darwin Mack … has one brother: Darwin, Jr. (12) and a sister, Jennifer (15).

Keri Seher

Senior
Farmingville, N.Y.
Sachem

On Seher: A member of Maryland's strong senior class who has earned three varsity letters in cross country during her career … has competed in 16 events during her career and has earned four top-five finishes … will compete as one of Maryland's top runners during the 2000 season … has earned three varsity letters.

As a Junior: Ran in a single-season career-high six meets and tied her career-best with a third-place finish in the George Mason Invitational … timed in a season-best 19:11.30 in placing third at Mason … her third-place finish in the Mason Invitational tied her third-place finish in the 1998 Mt. St. Mary's Invitational … earned a fifth-place finish in the 1999 Mt. St. Mary's Invitational … ran four sub-20 minute races as a junior to tie her career high in that category … also ran four sub-20 minute races as a freshman.

As a Sophomore: Continued improvement throughout the season culminated in her top two races at the ECAC Championships (19:12.10) and ACC Championships (19:18.70) … earned her first career top five finish with a fifth-place standing (20:36.60) in the Maryland Invitational … followed that outstanding finish with a third-place standing at the Mt. St. Mary's Invitational (20:06.40) one week later.

As a Freshman: Enjoyed a strong inaugural collegiate season as she participated in five meets … established her career-best time of 18:59.40 in the ACC Championship race at Florida State … that race still stands as her only time under 19:00 during her career.

Before Maryland: Graduated from Sachem High School in 1997 … lettered in cross country and track and field all four years … New York state indoor champion in the 1,500 meters … an all-state and all-league first team selection … team captain of the cross country and track teams as a senior.

Personal: Born Jan. 5, 1979 … Keri is the daughter of Kathryn and Bruce Seher … has one sister, Jaclyn (19).

Kim Smith

Sophomore
Glastonbury, Conn.
Glastonbury

On Smith: Another member of Maryland's fine sophomore class who performed well during the 1999 season … ran in three events and posted a 10th-place finish at the Maryland Invitational.

As a Freshman: Earned a 10th-place finish at the Maryland Invitational to help the Terps to the team title … her 10th-place finish at the Maryland Invitational was her top finish of her first collegiate season … her top time of 20:54.30 came as she finished 23rd at the George Mason Invitational.

Meghan White

Senior
Cockeysville, Md.
Dulaney
North Carolina

On White: Enjoyed an outstanding first season at Maryland in 1999 after transferring from North Carolina where she was a member of the Tar Heels' track and field program in 1997 and 1998 … earned a varsity letter in 1999.

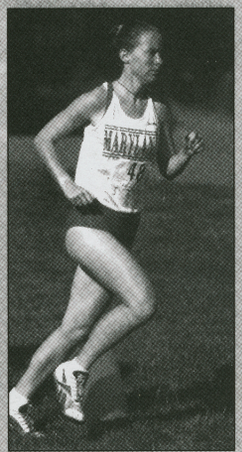
As a Junior: Joined the Terps' lineup immediately upon her transfer from the University of North Carolina … earned a second-place finish at the Mt. St. Mary's Invitational in her first meet in a Maryland uniform … earned her second consecutive top-10 finish at the Navy Invitational with a ninth-place standing in a time of 19:31.15 … her top time during the season came in the George Washington Invitational as she place 15th in a time of 18:51.84.

As a Freshman: Member of point-scoring distance medley relay in the 1200 meters.

Before Maryland: Graduated from Dulaney High School in 1997 … a member of the varsity cross country, indoor and outdoor track teams during each of her four years … awarded the Wendy's Heisman Award for track following her senior season … Baltimore County Performer of the Year as a senior as named by the Baltimore Sun … won the outdoor 2-mile state championship as a senior … led the cross country team to three consecutive state championships … team captain … won the state championship in the indoor 3,200 meter run as a senior … earned All-America honors in the mile at the National Scholastic Championships as a junior.

Personal: Born March 2, 1979 … Meghan is the daughter of Patricia and Stan White … has a sister, Amanda Pagon (25) and a brother Stan Jr. (16) … father Stan played collegiate football at Ohio State and was a member of the Baltimore Colts in the National Football League … a member of the National Honor Society and the French Honor Society.

Rebecca Mack



Kristin Lubas

Kelly Crowley

Keri Seher